INDIVIDUAL SESSION AND OFFICIAL FUNCTION REGISTRATION

COACH THE COACH 2011 Beyond the limits
BATHURST, NSW September 23 - 25

First Name:		Surname:
Postal Address:		
Town:		Postcode:
Phone:	Mobile:	Fax:
Email:	Sport:	Gender:

Please note: Individual sessions do not include hospitality. Accreditation needs to be collected from the WRAS office prior to attending your session/s (please allow 15 minutes).

Session	Friday				Cost
1A	600-700	A Scientific Approach to Coaching	☐	$30	
1B	600-700	Drugs in Sport	☐	$30	
	Saturday				
2	845-1000	Training Beyond the Limits	☐	$30	
3A	1030-1230	Innovative Coaching	☐	$30	
3B	1030-1230	NSWIS Session	☐	$30	
3C	1030-1230	The Essence of Coaching	☐	$30	
3D	1030-1230	Training Drills Outside the Square	☐	$30	
4A	130-330	Working Better with Parents	☐	$30	
4C	130-230	Injury Prevention - Movement Screening	☐	$30	
4D	130-330	Introduction to Physiology	☐	$30	
4E	230-330	3D Hockey	☐	$30	
4F	230-330	Playing for Life	☐	$30	
5A	400-500	Basketball Drills	☐	$30	
5B	400-500	Hockey Drills	☐	$30	
5C	400-500	Netball Drills	☐	$30	
5D	400-500	Injury Prevention - Movement Screening	☐	$30	
5E	345-515	Sports Psychology	☐	$30	
	Sunday				
6	900-1000	No Limits, Just Regulation!	☐	$30	
7	1000-1130	On the Floor with Ganon Baker	☐	$30	
8A	1130-100	The Pro's and Con's of Social Media	☐	$30	
8B	1130-100	Coach/Referee Communication	☐	$30	
8C	1130-130	Skill Acquisition	☐	$30	
9A	200-300	Staying Clear of Static Holds to Warm up	☐	$30	
9B	200-300	Sports Nutrition Made Easy	☐	$30	
9C	200-400	Basic Anatomy and Biomechanics		$30	

Saturday	130-330	Spectator at Ganon Baker closed session	☐	$30	
Sunday	400-600	Spectator at Ganon Baker closed session	☐	$30	

Thank Goodness It's Friday - brought to you by Sportsco Bathurst and featuring New Zealand Netball Coach Marg Foster	☐	$30	
Conference Dinner brought to you by CSU School of Human Movement Studies (incl pre-dinner drinks, buffet meal and Ganon Baker)	☐	$55	

Total Payable: _____

Registration for individual sessions closes 16 September 2011
Cancellation Policy: All refunds are subject to a cancellation fee of $15.00. No refunds after Monday 19 September.

Please return form and payment to: Western Region Academy of Sport
C/- CSU, Panorama Avenue, Bathurst NSW 2795
T: 02 6338 4821 **F**: 02 6338 4533 **email**: bcoxsedge@csu.edu.au

Please make your cheque payable to WRAS and forward to the above address or payment by EFT – Reliance Credit Union – BSB 802-391 – Account 9033425 paid by EFT – Please include your details in the description and forward advice of payment to WRAS.

WRAS western region academy of sport | NSW GOVERNMENT Communities Sport & Recreation | Charles Sturt University | school of human movement studies | sportsco